



Covid Guidelines BRFC Youths/Mini's Parents/Guardians

Before training

- All Parents/Guardians to ensure that both they and their Children attending BRFC are fully aware of the Guidelines enforced in the current phase by the COVID-19 Safety Officer.
- Parents/Guardians must ensure that the COVID-19 Safety Officer and Event team are made fully aware in advance of any medical conditions a player may have.
- Parents/Guardians should complete Pre RTP pre assessment declaration form before every Training/Match activity & submit at the latest 1 hour before the activity.
- Your child must stay home if you answered yes to any of the questions on the Pre RTP form.
- Everyone entering BRFC grounds must wear a mask.
Exceptions – i) Minis players, **ii)** Players/Coaches, when in their designated playing area. *(Suggest bringing a clearly named ziplock type bag for storing mask during training)* **iii)** If you are not required to have to wear one.
- They must ensure that their child brings their own water bottle, clearly marked at the top with their name and must NEVER share it.
- Players should, ideally, bring a small bottle of hand sanitizer with them to train.
- Players must not share their own equipment with anyone.

Travel to/from Club

- Players to arrive no more than 5 minutes prior to session commencing & should arrive ready to play as there will be no access to changing rooms.
- Only one Parent/Guardian should travel with younger players where possible.
- At this stage, Parents/Guardians not directly involved in the training session are not permitted to attend or observe training as spectators.
- The driver must either stay in the vehicle or leave the grounds & return at the appointed collection time. Parents/Guardians of players attending in a safeguarding / supervisory capacity are not classified as a spectator. However strict social distancing & public health guidelines should always be adhered to and masks are to be worn.
- Players should arrive toggged ready to play as there will be no access to changing rooms
- Players must only greet each other in line with guidelines (elbows).

Check in (registration process)

- Check in and confirm attendance of your child (minis) with their teams COVID-19 Compliance Officer(s). Minis/Youths should not enter the pitches until registration has been confirmed and hands sanitised. Parents should not leave until their child has checked in.
- After check in Players must then go immediately to their training zone area.
- Players must adhere to the one-way system entering & leaving the back pitches.
- The Clubhouse will remain closed during this period, except for toilet facilities (1-way system in place).

Pitch (grounds)

- Training areas will be divided into zones with players/coaches allocated to training within each zone.
- Every player should know their age group & training zone before arriving at the pitch.
- The Clubhouse will remain closed during this period, except for toilet facilities.
- All players to remain in socially distanced groups during breaks and not to mingle. This also includes not mingling before and after training.
- Bathroom breaks, will be staggered with no grouping and this will be organised prior to commencement of event.
- Access to dressing rooms and function halls is prohibited during these Phases/Steps so Parents/Guardians should be mindful of this when packing the players bag.

After training

- Hands should be washed and sanitised as soon as possible.
- Masks must be worn by everyone on leaving the playing area.
- Players must then leave the club grounds immediately.
- Outer layer clothing worn at training/matches should be removed and placed in sealed bags in the boot of the car to be washed at home.
- All clothing worn at training should be removed & washed immediately. Members should be advised to limit touching surfaces in their home & to wash as soon as possible after training.
- Ensure personal equipment is cleaned thoroughly & sanitised after use.
- If a player becomes unwell after training, they should first contact their GP/HSE/NHS & then inform the **BRFC**.

Social Distancing Behaviours

- Hands should be washed and sanitised as often as possible.
- Masks must be worn by everyone at all times when on BRFC grounds –
- (**Exceptions** – i) Minis players, ii) Players/Coaches on entering your designated playing area, iii) If you are not required to have to wear one.
- Masks must be worn by everyone at all times when on BRFC grounds –
- Players must refrain from handshakes and high fives.
- Practice good cough/sneeze etiquette & dispose of any used tissue in a responsible manner.
- Avoid touching your face.
- Remain apart from other players when taking a break.
- If a ball from another zone comes across, send it back with a kick on the ground. Refrain from picking up the ball.
- No spitting or clearing of nostrils on pitch or grounds.