



FMS with Dan O'Sullivan  
11<sup>th</sup> Feb 2021

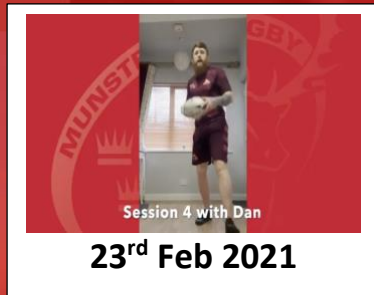


16<sup>th</sup> Feb 2021

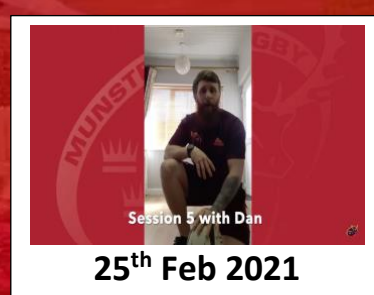


18<sup>th</sup> Feb 2021

# #MoveWithMunster



Session 4 with Dan  
23<sup>rd</sup> Feb 2021



Session 5 with Dan  
25<sup>th</sup> Feb 2021