



Covid Guidelines BRFC Youths/Mini's Parents/Guardians

April 2021

Before training

- All Parents/Guardians to ensure that both they and their Children attending BRFC are fully aware of the Guidelines enforced in the current phase by the Club COVID-19 Safety Officer and that the COVID-19 Safety Officer and Event team are made fully aware in advance of any medical conditions a player may have. (Guidelines located on BRFC website under Covid)
Parents/Guardians must complete Pre RTP pre assessment declaration form before every Training/Match activity & submit at the latest 1 hour before the activity.
- Your child must stay home if you answered yes to any of the questions on the Pre RTP form.
"If in doubt stay at home"
- Everyone entering BRFC grounds must wear a mask. (For Players we *suggest you bring a clearly named ziplock type bag for storing mask during training*)
- **Exceptions** – i) Minis players, ii) Players when in their designated playing area. iii) If you are exempt from having to wear one.
- You must ensure that your child brings their own water bottle, clearly marked at the top with their name and must NEVER share it.
- Players should, ideally, bring a small bottle of hand sanitizer with them to train.
- Players must not share their own equipment with anyone.

Travel to/from Club

- Players to arrive no more than 5 minutes prior to session commencing & should arrive ready to play as there will be no access to changing rooms.
- Only one Parent/Guardian should travel with younger players where possible.
- The driver must either stay in the vehicle or leave the grounds & return promptly at the appointed collection time.
- No spectators allowed at training/games.
- Parents/Guardians of players attending in a safeguarding / supervisory capacity are not classified as a spectator. However, strict social distancing & public health guidelines should always be adhered to and masks are to be worn. In this context 1 parent/guardian per child is permitted to attend at a training session/game should they consider it necessary.
Parents/Guardians attending must complete a Pre rugby Personal declaration form prior to arriving on Club grounds.
- Players must only greet each other in line with guidelines (elbows).

Check in (registration process)

- Check in and confirm attendance of your child (minis) with their teams COVID-19 Compliance Officer(s). Minis/Youths should not enter pitches until registration has been confirmed & hands sanitised. Parents should not leave until their child has checked in.
- After check in Players must then go immediately to their designated training area.
- Players must adhere to the one-way system entering & leaving the back pitches.
- The Clubhouse will remain closed during this period, except for toilet facilities (1-way system in place).

Pitch (grounds)

- Training areas are divided into zones with players/coaches allocated to training within each zone.
- Every player should know their age group & training zone before arriving at the pitch.
- The Clubhouse will remain closed during this period, except for toilet facilities.
- All players to remain in socially distanced groups during breaks and not to mingle. This also includes not mingling before and after training.
- Access to dressing rooms and function halls is prohibited during these Phases/Steps so Parents/Guardians should be mindful of this when packing the players bag.

After training

- Hands should be washed and sanitised as soon as possible.
- Masks must be worn by everyone on leaving the playing area. **(See exceptions)**
- Players must then leave the club grounds immediately. Parents collecting - should be in attendance immediately after training to ensure their child leaves club grounds promptly.
- Outer layer clothing worn at training/matches should be removed and placed in sealed bags in the boot of the car to be washed at home.
- All clothing worn at training should be removed & washed immediately. Members should be advised to limit touching surfaces in their home & to wash as soon as possible after training.
- Ensure personal equipment is cleaned thoroughly & sanitised after use.
- If a player becomes unwell after training, they should first contact their GP/HSE/NHS & then inform **BRFC**.

Social Distancing Behaviours

- Hands should be washed and sanitised as often as possible.
- Masks must be worn by everyone at all times when on BRFC grounds –
- **(Exceptions – i)** Minis players, **ii)** Players on entering your designated playing area, **iii)** If you are not required to have to wear one.
- Players must refrain from handshakes and high fives.
- Practice good cough/sneeze etiquette & dispose of any used tissue in a responsible manner.
- Avoid touching your face.
- Remain apart from other players when taking a break.
- If a ball from another zone comes across, send it back with a kick on the ground. Refrain from picking up the ball.
- No spitting or clearing of nostrils on pitch or grounds.